



CAMBRIDGE YOUTH SOCCER INC.

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Operators of the COMDEV Indoor Soccer Park

Cambridge Youth Soccer Concussion Protocol

As we continue to learn more about the dangers of concussions in young athletes, CYS asks all coaches, referees, parents and participants to be aware of the dangers and use the below tools to determine the best course of action in case of a potential concussion.

These tools have been provided by the Ontario Soccer Association. For more information, see their complete resources available at <http://www.ontariosoccer.net/player/sports-medicine/concussions>.

Because it can be difficult to recognize the signs of concussion, we ask that the below protocol be followed in the event of any head injury. CYS Teams are asked to set up an Emergency Action Plan in order to be prepared to deal with an emergency situation should it arise at the field.

1. Use the appropriate Sport Concussion Assessment Tool (SCAT) below to assess the level of injury, and
2. Apply the Return to Play (RTP) procedure as outlined below, with the SCAT assessment to determine when the player is asymptomatic and can move to the next step.

FIFA SCAT 3

Coaches are strongly recommended to familiarize themselves with the FIFA SCAT 3. These assessment tools will be distributed to coaches at the beginning of each season, and copies will also be available at the snack bar during regular play. Consider downloading a SCAT 3 app to your mobile device to always have it handy.

A CYS Incident Report should be completed on-site and returned to the club for any serious injury which occurs during a CYS event.



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